

## Course Information Form

This Course Information Form provides the definitive record of the designated course

### Section A: General Course Information

<b>Course Title</b>	MSc Strength and Conditioning - COPY
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**Course Learning  
Outcomes**

- |   |   |                               |
|---|---|-------------------------------|
| 2 | Autonomously synthesise information and ideas and create responses to problems that expand or redefine existing knowledge or develop new approaches to changing situations                        | MSc Strength and Conditioning |
| 3 | Demonstrate ability and understanding in manipulating, interpreting and presenting physiological, biomechanical and research data   | MSc Strength and Conditioning |
| 4 | Critically appraise the physiological and metabolic responses to different types and intensities of exercise (e.g. potential effect of different training methods on physical fitness capacities) | MSc Strength and Conditioning |
| 5 | Appreciate the multifactorial nature of optimising physical fitness capacities  | MSc Strength and Conditioning |
| 6 | Demonstrate theoretical and practical skills in developing specific physical fitness capacities related to optimising performance within a sporting context                                       | MSc Strength and Conditioning |

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**Teaching, learning and  
assessment strategies**

The teaching and learning strategies outlined below are designed to expose students to the full range of teaching methods normally expected at Master s degree level and aim to provide students with the skills outlined in the QAA document. Delivery of the course is also in line with the University

<b>Learning support</b>	<p>The University's comprehensive student support service includes: Student Information Desk, a one-stop shop for any initial enquiries; Student Support team advising and supporting those with physical or learning needs or more general student well being; Study Hub team providing academic skills guidance; Personal Academic Tutoring system; a student managed Peer-Assisted Learning scheme; support from your lecturers</p>
<b>Admissions Criteria</b>	<p><a href="https://www.beds.ac.uk/entryrequirements">https://www.beds.ac.uk/entryrequirements</a>  <b>Approved Variations and Additions to Standard Admission</b>  NA</p>
<b>Assessment Regulations</b>	<p><a href="https://www.beds.ac.uk/about-us/our-university/academic-information">https://www.beds.ac.uk/about-us/our-university/academic-information</a>  <b>Note: Be aware that our regulations change every year</b>  <b>Approved Variations and Additions to Standard Assessment Regulations</b>  NA</p>









PJ-PRO	Coursework - Project Report
PR-LAB	Practical - Laboratory Based
PR-OT	Practical - Other Skills Assessment

Administrative Information	
School	School of Sport Science and Physical Activity
Head of School/Department	Martyn Morris
Course Coordinator	Iain Fletcher